What is Yuuk.space

Simply put, Yuuk.space is a collection of hypnosis tools primarily intended to be used for self-hypnosis purposes. On it you can find a variety of projects created by the website's userbase, as well as tools for making your own projects. Projects contain individual sessions, each of which the user is intended to watch, follow along with, and/or complete before moving forward to the next.

For an introduction on navigating the site and using it, please continue on to Getting Started on Yuuk.space.

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