Story Trance Task (STT)

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This task type displays lines of text to the subject one at a time. In order to view the next line in the 'story', the subject must select the 'Yes' button at the bottom of the screen. The subject continues selecting 'Yes' once each line has been read until the last line has been displayed, at which point the task will be completed.

Story tasks entrance subjects by helping them enter into a reading-based flow state, one of the more common forms of trance that we all experience in day to day life. Subjects very quickly fall into a natural rhythm of reading the lines they are given - passively taking in the provided suggestions - and then selecting 'Yes' to receive the next one. Story tasks, via the 'Yes' button, also help train the subject to agree with the suggestions that they receive during sessions, similar to the way many hypnotists will incorporate nodding or feelings of agreeability into their dialogues and scripts.

When the subject has completed the task, they will immediately be returned to the Project Details list.

Creating a Story task entails the configuration of the following options:

Session Lines - An area to enter lines of text that will be displayed to the subject. Lines are displayed in sequence, line by line, from the top of the list to the bottom. External lists of lines can be imported using the Import Script option.
Tip: Because Story tasks inherently involve agreeing to each line, they are the perfect place to help encourage a subject to internalize and reinforce various suggestions, whether introduced in this task or any other session within your project.
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Import/Export JSON - Found at the top of the Session Settings page, this option can be used to locally save a session, or import/export it from/to another project. It has additional functionality in that, while individual lines in Brainwash, Mantra, and Story tasks can not be edited from the main Session Settings screen, the Import/Export JSON view contains a list of fully editable session lines, distractor lines, and more. Once any edits have been completed, select Update JSON, then Close, and then Save the Session Settings to finalize the changes.
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When you've finished configuring the task, select Save to finalize the changes.
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Revision #2
Created 8 November 2024 17:58:33 by Yuuk
Updated 11 February 2025 22:38:12 by Puddle